

Guidance Orientation Information-York Catholic High School

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Dear Students and Parents,

York Catholic High School provides counseling services for students in grades 7-10 through the Lincoln Intermediate Unit. My name is Mrs. Loughman and I will be the Guidance Counselor at York Catholic High School for grades 9-10, Mrs. McShane is the counselor for grades 7-8, and Ms. Hess is the York Catholic counselor for grades 11-12. I hope to be a helping hand to both students and parents. If you have any questions, please feel free to contact me.

The following are some tips that may help you to have a productive year here at York Catholic. Knowing where to go for help is important. Our goal is to help each student grow as a whole person educationally, personally and socially.

ACADEMICS

Grades are important as a measure of how we are learning. Grades achieved by the end of the first semester may determine course choices for the next year. Failing two or more subjects in a week may make a student ineligible for an activity (see Student Handbook). If one or two academic subjects are failed for the school year, summer school is almost certain, at the family's expense. Students with three or more academic failures must be retained in the same grade (see Student Handbook). Students and parents should check MMS often. Parents were mailed MMS information a few weeks ago and the students were instructed how to use it the first week of school. If there are any questions, please feel free to contact me.

If students need help in a certain subject, they should ask their teacher. Waiting too long makes it more difficult to catch up. Teachers are here to help, but students need to make the first step. Students should use their handbook and MMS daily to keep track of dates for tests, quizzes, projects, papers and grades. Parents are encouraged to ask students daily about their school day to stay up to date on what is happening. Students should study at the same time every day. Routine is important.

PERSONAL

We are aware that many students have occasional personal situations that create pressure and anxiety within themselves, often putting them at risk for more serious coping problems. Lack of self-confidence, poor grades, and emotional problems can occur if not dealt with appropriately. We offer our services to listen and to try to help students make good choices in a confidential atmosphere. Students may request an appointment by seeing their counselors to arrange one or by leaving a message in the main office.

Parents are invited to contact me at the appropriate phone number or address listed above. By working together we can ensure a successful educational experience here at York Catholic. Parents are one of the most integral parts of a child's academic success!

Welcome to the York Catholic Family!