

# York Catholic High School College & Career Guidance

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Dear Junior Students and Parents,

Welcome to 11th grade Guidance! My name is Mrs. Eva Phillips and I will be your college and career counselor. This year we will be focusing on choosing a major, career exploration, career shadowing and mentoring, college searching, college entrance testing, mock interviews, and helping you to become the best individual you can be. During the all-important junior year, you will be busy with a demanding academic schedule but we will also be thinking about your future planning and which choices make sense for you.

I would like to give you a little bit of my background so that you can see the different ways I can help you as a student. First, I am in my ninth year at York Catholic as a school counselor and I really enjoy helping 11th and 12th grade students on their journey. All of my professional experience has been in education and in addition to a few years in guidance in public schools, much of my prior career involvement has been in colleges as a director of financial aid. Therefore, I have a background at both the college and secondary levels to help you in your search for the best university, career, or military pursuit. I attended Gettysburg College for my undergraduate degree and McDaniel College for my master's in guidance and counseling.

Some of the upcoming events in the junior year are the PSAT College Board test on Wednesday, October 10, junior group meetings in October and November, optional career mentoring through YCAL and shadowing, career exploration online and through YC resources, an individual college search for those planning further education, review of college assessments and calendar, and mock interviews with professionals from the community in April. We also hold a College Information Night on October 18 at 6:30 PM to acquaint you with the college search and application process.

As you move forward in the junior year, if you find you have concerns in the personal or social areas, you are encouraged to discuss these concerns as they arise with your school counselor. You may be referred to the Student Assistance Program (SAP) if an assessment or support by an outside counselor is needed or preferred. Many high school students go through some bumps in the road at some point but in guidance we are here to help get you through these times as smoothly as possible.

If you have any questions or concerns, please feel free to email me at [ephillips@yorkcatholic.org](mailto:ephillips@yorkcatholic.org), visit in my office in the Career Room, or call at 717-846-8871 x232.

Best wishes,

Mrs. Eva Phillips  
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Guidance Department Chair