

### **CDC - CENTERS FOR DISEASE CONTROL & PREVENTION**

This is the national health protection organization that advises standards for the prevention and spread of COVID-19.

### **PA DOH - PENNSYLVANIA DEPARTMENT OF HEALTH**

This is the state health protection organization that advises standards for the prevention and spread of COVID-19.

### **DIOCESE OF HARRISBURG**

This is the organization that guides the education of Catholic schools in the York area. The Diocese is in consultation with the CDC, PA DOH, and local epidemiologists to advise standards for the prevention and spread of COVID-19 and is responsible for all protocols related to COVID-19.

### **SYMPTOMATIC**

Individuals with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. Individuals with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

### **ASYMPTOMATIC**

Individuals who do not experience any of the above symptoms, but receive a positive COVID-19 test result.

### **CLOSE CONTACT**

An individual identified as having been within 6 feet of a COVID-positive individual for 15 minutes or more, masked or unmasked, vaccinated or not vaccinated.

### **CONTACT TRACING**

Upon receiving notification that a student or employee has tested positive for COVID-19, teachers, moderators, staff, coaches, and the COVID-positive individual are consulted to ascertain any individuals who meet the criteria of a close contact (see above).

### **PENDING TEST RESULTS**

If a household member of a student or school employee, or the student or employee themselves have been tested and are waiting for COVID-19 test results, the student or school employee must follow the quarantine protocol applicable to their vaccination status:

#### **Not Vaccinated**

The student or school employee may not come to school until the test is confirmed negative and the school nurse has granted permission to return. If the result of the immediate household member's test is positive, please see the next section titled Positive Test Results.

### **Vaccinated**

The student or school employee may come to school, however, a mask must be worn until the test is confirmed negative. If the result of the immediate household member's test is positive, please see the next section titled Positive Test Results.

### **POSITIVE TEST RESULTS**

If a student, school employee, or household member tests positive for COVID-19, families are obligated to inform the school for the health and safety of the entire school community. This applies even when we are not in person or in session.

### **QUARANTINE**

Any non-vaccinated individual identified as a close contact (see above) must remain at home and is not permitted to enter school grounds or participate in school extra-curricular activities.

#### **Not Vaccinated**

Non-vaccinated individuals identified as close contacts to someone who tests positive must quarantine for 10 days and are not permitted to enter school grounds or participate in school extra-curricular activities. The non-vaccinated individual does not need to be tested for COVID-19 unless they become symptomatic.

Non-vaccinated individuals have the option of getting a COVID test on day 7 after exposure and they may return to school and activities IF there is a negative result on that test. Proof of the result must be sent to the school nurse at [sdeluca@yorkcatholic.org](mailto:sdeluca@yorkcatholic.org). If the test is positive, the Non-vaccinated individual will quarantine for the remaining 3 days to complete the 10 day total quarantine period. Please note that the test date cannot be earlier than 7 days after exposure.

Quarantined students will be noted as "Absent Excused" in their Attendance record.

#### **Vaccinated**

Individuals are considered fully vaccinated if it is:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

Vaccinated individuals do not have to quarantine. However, the following CDC guidelines must be followed:

If your child has been vaccinated and has been designated a close contact to someone with COVID-19, they must wear a mask for 14 days indoors, social distance, and continue to go about their normal activities (e.g. attend school, extra-curricular activities, etc.).

After 5 days, your child may get tested for COVID-19. If negative, then the child may remove the mask. If the test is positive, the child will quarantine for the remaining 5 days to complete the 10 day total quarantine period. Please forward your test results to Mrs. Sarah Deluca at [sdeluca@yorkcatholic.org](mailto:sdeluca@yorkcatholic.org).

You may choose to fully quarantine your child.

If your vaccinated child is identified as a close contact, you may choose to quarantine your child for 10 days. Please notify Mrs. Sarah Deluca at [sdeluca@yorkcatholic.org](mailto:sdeluca@yorkcatholic.org).

Quarantined students will be noted as "Absent Excused" in their Attendance record.

### **REPORTING**

With any cases of pending test results, positive test results, or quarantine, please notify the following:

School Nurse: [sdeluca@yorkcatholic.org](mailto:sdeluca@yorkcatholic.org)

Attendance Office: [attendance@yorkcatholic.org](mailto:attendance@yorkcatholic.org)