YORK CATHOLIC
MIDDLE & HIGH SCHOOL
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PARTICIPATION IN NON-YC SPORTS AND OUT-OF-SEASON ATHLETIC ACTIVITIES

This form is to be completed by ALL athletes as part of the seasonal required paperwork.

Any York Catholic student-athlete who wishes to participate in an outside sport program during an in-season school sport, must abide by the following policy.

1) The York Catholic school team will be the primary team. The student-athlete must inform the York Catholic head coach of the dual participation. No athlete may miss the school team practices or games due to the secondary sport. If this occurs, the athlete is subject to dismissal from the school team. For example, Athlete "A" participates on the YC school soccer team. They would also like to play club baseball for the non-YC travel baseball team during soccer season. The YC student-athlete must inform the York Catholic soccer head coach they are playing dual sports. The YC school team will be the primary sport. If athlete "A" misses YC practices or games, the YC head coach may remove them from the team.

2) Any athlete who wishes to participate in an out-of-season open gym, tournament, conditioning program, or any club or school sport activity, must have written approval of the in-season sport head coach. For example, if a football player wants to attend an open gym for a club basketball team or YC school team, the football player must get written approval from the football head coach before he can attend the basketball open gym.

3) All open gym activities, conditioning programs, or any other out-of-season activities, must stop 10 calendar days before the PIAA official season practice start date. For example, YC girls' basketball has open gyms on Sundays and conditioning on Mondays, starting October 1. PIAA winter sport practice starting date is November 20. All girls' basketball conditioning and open gyms must stop on November 10.

Along with these school-wide policies, the coach has discretion to implement team rules above and beyond the school rules, with the approval of the Athletic Director and Principal. York Catholic Athletic programs will abide by all League, District, and PIAA policies.

As a York Catholic student-athlete, I agree to abide by this policy and will notify the appropriate personnel of my intended participation in non-YC sports and/or out-of-season athletic activities.

Student-Athlete Name _____

Student-Athlete Signature_____

York Catholic Team(s) _____

York Catholic Head Coach(es) _____

The following section is to be completed and returned to the York Catholic Athletic Director prior to participating in the Non-YC or Out of Season Activity

Non-YC or Out of Season Activity _____

Timeframe/Commitment of Non-YC or Out of Season Activity _____

Coach of Non-YC or Out of Season Activity _____

Signature Approval of YC Head Coach _____ Date _____